

Drop o/s

For 100

2R **80** **3L** + **1R[⊕]** **CONTS** +
=====

4L[⊕] → **1R >** → **2RLg** **40** CHICANE
===== **1L** =====

80 **1L/Loose** →

!! Sm C Bmp Slowing **40 ↓** Drop o/s **6R/DC**
=====

100 **3L[⊕]** ! Stay Mid **80**

1R/DC + **6L >**

Drop o/s

For 100

FR 80 FML + ER[⊕] CONTS +

ML[⊕] → ER > → FR Lg 40 CHICANE EL

80 EL/Loose →

!! Sm C Bmp Slowing 40 ↓ Drop o/s 6R/DC

100 FML[⊕] 80 ! Stay Mid

Drop o/s

For 100

5R **80** **4L** + **6R[⊕]** **CONTS** +

=====

=====

CHICANE

3L[⊕] → **6R >** → **5RLg** **40** **6L**

=====

=====

80 **6L / Loose** →

=====

Slowing

Drop o/s

!! Sm C Bmp

40 ↓

1R / DC

=====

! Stay Mid

100 **4L[⊕]** **80**

=====

Drop o/s

For 100

R5 80 L4 + R6[⊕] CONTS +

**L3[⊕] → R6 > → R5Lg 40 CHICANE
L6**

**80 L6/
Loose →**

**!! Sm C Bmp Slowing Drop o/s
40 ↓ R1/
DC**

100 L4[⊕] 80
! Stay Mid

Drop o/s

For 100

R3 80 L4 + R2[⊕] CONTS +

**L5[⊕] → R2 > → R3Lg 40 CHICANE
L2**

80 L2/Loose →

**!! Sm C Bmp Slowing Drop o/s
40 ↓ R8/DC**

**100 L4[⊕] ! Stay Mid
80**

Drop o/s

For 100

3R 80 4L + 2R[⊕] CONTS +

5L[⊕] → 2R > → 3RLg

40

CHICANE

2L

80 2L / Loose →

!! Sm C Bmp

Slowing
40 ↓

Drop o/s
8R / DC

! Stay Mid

100

4L[⊕]

80

Drop o/s

For 100

R2 80 L3 + R1[⊕] CONTS +

**L4[⊕] → R1 > → R2Lg 40 CHICANE
L1**

80 L1/Loose →

**!! Sm C Bmp Slowing Drop o/s
40 ↓ R6/DC**

**100 L3[⊕] ! Stay Mid
80**

R1/!DC + L6 >

Drop o/s

For 100

3R **80** **4L** + **2R[⊕]** **CONTS** +

5L[⊕] → **2R >** → **3RLg** **40** CHICANE
2L

80 **2L / Loose** →

!! Sm C Bmp Slowing **40 ↓** Drop o/s **7R / DC**

100 **4L[⊕]** ! Stay Mid **80**
